



Love Is Liberation

Book Launch Celebration

with Valerie Brown & Marisela B. Gomez, MD

Thursday, October 1st, 5-6pm ET



You are invited to join authors
Marisela B. Gomez, MD and
Valerie Brown to celebrate the
launch of *Love is Liberation:
Five Contemplations for Daily
Ethical Living*.



A courageous call forward from BIPOC and LGBTQIA+ Buddhist practitioners to transform the cycle of racial, ethnic, and social suffering through ethical choices and action from a place of belonging and love—the ultimate liberation.



Register on Zoom to join us to celebrate the powerful transformative potential of the Five Mindfulness Trainings in the context of facing the multiple crises, injustices, and deep suffering across our world.



Pre-order *Love is Liberation* at parallax.org
and use code LOVE20 to receive 20% off.



If you experience any financial barriers to accessing this book,
please email orders@parallax.org to receive support.